HAPPY Birthday

VARSHA MALLIKARJUNA
INHEE LEE
PAAVANI ARORA
MANVI GARG
VIBHA KOUNDINYA ANANTH
SAMRUDH AJAY
SEONGYUN KIM
JUN HAYAMA
RIYANA BORPUJARI
ARYA ARUN AVADHANI

NEW ARRIVALS

I HAVE BECOME THE TIDE
BY GITHA HARIHARAN

10 MINUTES 38 SECONDS IN THIS STRANGE WORLD
BY ELIF SHAFK

THE MADMAN OF PINY WOODS
BY CHRISTOPHER PAUL CURTIS

THE PASSION OF DOLSSSA: A NOVEL
BY JULIE BERRY

UPCOMING EVENTS/NEWS

Join us for CIS’ 9th Annual Virtual Terry Fox Run as we support Terry’s legacy and raise funds for cancer research.

Register today at: www.canadianinternationalschool.com/terryfoxrunch

Stay tuned and watch this space for more information.
Hello All!

I shared last week that we met with our SCA and are excited about the possibilities for this year, even connecting remotely. The participants from last week’s session shared many things about what they feel the purpose of the SCA; we took this information and found five overarching ideas that we will share here.

**Building and Bridging Community** - participants shared how the SCA is a connector for all families, support for new families, is one of the crucial pillars of teacher/school/student-parent communications, and connects us all as a community.

**An Important Point of Communication** - helping parents understand who to communicate with regarding various aspects of the school- pointing people in the right direction; communicating about events and happenings where families are directly involved; and sharing your parent experiences with families outside of the CIS community.

**Professional and Personal Learning** - as a support group to hold events, workshops, trainings to help new and returning families with important issues like- how children change as they grow older, supporting your child’s learning at home- and support for all the things that come with being a parent in today’s world!

**Raising Cultural Awareness** - as we are a campus of some 25 nationalities and even more cultures and language bases, the SCA is a wonderful group to celebrate and share our heritages so that we may understand each other a bit more and enjoy the wonders of each other’s cultures.

**Connecting Secondary Families to CIS** - as is normal in most schools, parent involvement tends to fade off as students grow older and more independent. The participants thought we should be encouraging greater participation throughout the school as children move from elementary school to middle and high school.

Early next week, we will be sharing information about how you can get involved in the SCA and detail some of the roles and support areas we are looking for. Please make sure you take a few minutes to respond to this survey early next week!

As we look at data coming in about Covid-19 infections we will be making decisions about what the next four weeks will bring. Earlier I have stated that we will communicate with the community on the 15th of each month about where we are in regard to remote learning versus turning to a hybrid model. Early next week I will share our assessment for September 15- October 15 with the community.

To support our decision making, we need your support and help. We will be periodically asking you to complete questionnaires to collect community data. This information will help guide us in our efforts to reopen the campus in a timely manner. Like we did in March when we collected travel information and the health and well-being of those in your household, we will be sharing a fortnightly survey about your family’s health. As you may know, many of our staff have been certified by Johns Hopkins University in contact tracing for Covid-19. We will utilize the community - shared information from these surveys to help in our decision making regarding return to campus and to keep everyone in our community safe. Please make sure you complete each survey when they come out.

Have a fantastic 3-day weekend with family!

Be safe!

Ted Mockrish Ed.D
Head of School
Dear parents,

Grade 10 and IB2 students will be happy, I am sure, to have Phase Two assessments behind them. Their report cards from the end of semester two last year will be updated on Monday, September 21. As this is the final year of their respective two year programs, they will not be sitting exams at the end of this semester. Instead, they will sit mock exams at the beginning of March in preparation for their final IGCSE and IB exam sessions.

Having said this, it is important to be reminded that the level of uncertainty regarding IGCSE and IB final exams remains high. No one wants to see a repeat of last year, with exams being suddenly cancelled and what turned out to be a flawed substitute process put in place. However, all will depend on the nature of the Covid pandemic as we move forward. We will keep everyone informed as Cambridge and IBO update us.

In the meantime, we carry on with providing the best online experience we can for our students. Aside from classes, this means that IAYP and CAS are up and running, primarily through Clubs at this point. Student Council elections are on the horizon. And, we are finally in a position to present academic and athletic awards. Keep an eye on the calendar dates below as events start to fill in.

A reminder that parents who have questions regarding their child’s progress in class can contact teachers at any time via email and can request zoom meetings as well. A quick email or zoom conversation can also usually clear up any issues. This is a challenging time for all, so clear and respectful communication can be very helpful in supporting students.

As always, if you have any questions, comments or concerns, do not hesitate to contact me at any time via email (hsprincipal@cisb.org.in).

Don Macmillan
High School Principal

IMPORTANT DATES

- Sep 11 - School Holiday - no classes
- Sep 21 - 2019/20 S2 Report Cards updated (current Grade 10 and IB2)
- Sep 21-24 - CoIS/NEASC Virtual Team Site Visit
- Sep 23 - High School Student Council Speeches
- Sep 24 - Advisory Goal Setting during the week
- Sep 28 - Oct 1 - Banned Book Week
- Oct 2 - Gandhi Jayanti - no classes
- Oct 7 - Academic and Athletic Awards
- Oct 26-30 - Dussehra Holiday - no classes
- Nov 19 - Student Led Conferences during the week
Dear parents,

We had a lovely awards assembly on Wednesday. It was attended by many parents and if you missed it, here is the link to the movie of the assembly. Enjoy!

As a matter of routine information, all clubs (Mondays & Tuesdays) and advisory sessions including House Team Games and Assemblies (Wednesdays) happen from 11:45 am to 12:25 pm. The Thursday advisory (pastoral care) and the Friday Office Hours (Academic Support) happen after lunch from 1:15 pm to 1:55 pm.

Here is a table to help you visualise advisory through the week:

<table>
<thead>
<tr>
<th>DAYS</th>
<th>ADVISORY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Clubs 11:45 am - 12:25 pm</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Clubs 11:45 am - 12:25 pm</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Assembly / House Games ... 11:45 am - 12:25 pm</td>
</tr>
<tr>
<td>Thursday</td>
<td>Pastoral Care 1:15 pm - 1:55 pm</td>
</tr>
<tr>
<td>Friday</td>
<td>Academic Support 1:15 pm - 1:55 pm</td>
</tr>
</tbody>
</table>

Thank you for participating in the online survey this week. We had 40 respondents equally spread across grades 6, 7 & 8. 75% of parents who answered the survey agree or strongly agree that access to classes is easy for their child. Also, 70% of respondents agree or strongly agree that the learning experience is better than last year, despite the added challenges of time difference for some that did not exist last year. This is encouraging. Here are the complete results of the survey.

We are looking for parents to act as grade level representatives for this academic year 2020-2021. This is primarily a communication’s role. If you are interested in the role, please write to me and I will share more information.

Wishing you an enjoyable long weekend.

Regis Caudrillier
MS Principal

Important dates:
• Sep 9 - MS Awards Ceremony
• Sep 11 - School declared holiday
• Sep 21-24 - COIS/NEASC Virtual Team Site Visit
• Sep 21-25 - Goal Setting sessions during the week
• Oct 2 - Gandhi Jayanti (School closed)
• Oct 21 - Contextual Learning - Day 1
• Oct 26-30 - Dussehra Holiday
• Nov 19 - Student-led Conferences.
• Dec 2 - Contextual Learning - Day 2
Dear EY and ES Families,

A quick reminder that it is a long weekend, with Friday September 11th being a school holiday. Enjoy the time off, and this would also be a great opportunity to have students in G1-5 participate in the optional ES House Event of Innovative Inventions (due Sept.30) and earn points for their House. For more information click on this document.

**ES House Event - September**

**ES STUCO REPRESENTATIVES:**
We are proud to present the rest of our ES StuCo Members. The StuCo’s main aim is to foster school spirit and strengthen the online student community while we are remote.

- **Grade 1:** Sia Heo, Carla Cuervo
- **Grade 2:** Ved Kiran John, Yatee Gautam, Ishaan Pokhriyal
- **Grade 3:** Siyeon Heo, Arya Arun Avadhani, Rohan Muthusamy
- **Grade 4:** Riyana Borpujari, Shayna Prabhu
- **Grade 5:** Aarav Jacob Caddy, Miri Ramchandran, Nicco Kiran, Lydia Stephenne

**STUDENT GOAL SETTING SHARE SESSION - SEPTEMBER 21**

We would like to invite parents to our student goal setting week. Teachers have been working on setting a goal with the students, strategies on how to reach them, and evidence they can expect when they reach the goal. Students will be leading the session, so please keep yourselves available to attend your child’s one-to-one session during the week of September 21 - 25. Your teachers will be reaching out to you for confirmed times and dates. Parents can share ideas on how you can support your child achieve their goal.

**STORY-A-THON 2020 SPONSORED BY THE BRITISH COUNCIL**
In honor of World Literacy Day 2020 (Sept 8) the British council is sponsoring a writing competition. Students aged 5 - 11 are invited to submit a piece of writing (no more than 350 words) on the topic “How Will I Make the World a Better Place”. Submissions are welcome anytime throughout the month until September 29th. For more information and submission instructions please check the link below:

[Story-A-Thon 2020](#)

**BUDDY READING 2020 - 2021**
The purpose of the Buddy Reading program is to provide IB students with the opportunity to earn credits for CAS while working with the school community. Students in the elementary also benefit from having a reading buddy, as studies show hearing stories from different perspectives, accents, read alouds, interactions is beneficial to strengthening literacy and English language skills. We kicked off our first Reading Buddy virtually this week. IB students were paired up with students that expressed interest in having a reading buddy program. It was great to see IB students in action and building relationships with our younger students!

**CORE VALUE SHOW - JOY**
Here is the [LINK](#) to our show. Enjoy!

**Rekha Sachdej Ed.D**
Elementary Principal
10th September, 2020

Raising Grit

Grit can be identified as a trait that embodies passion and perseverance to overcome obstacles and reach a difficult goal. It would be ideal if all children were motivated to work harder when challenges presented themselves. However, grit is present in different levels in different personalities.

Angela Duckworth, a well-known researcher on grit, explains the difference between grit and intelligence. Grit is the effort a child can put into trying to achieve success. This does not have to correlate with how smart he/she is, but rather it is how hard they try.

Although there is a genetic influence in how grit varies in individuals, environmental factors and experience can also play a role in how this quality is developed.

Here are some things to keep in mind to help our children cultivate their own grit.

**Passion and Purpose:** A foundation for perseverance is to identify and feel invested in what is being done. Allowing children to develop a passion from an interest or hobby that they have chosen themselves, will make them feel a sense of purpose and keep them motivated to press forward when things get tough.

**Feeling Frustration:** As parents, we tend to hate seeing our children struggle. However, taking risks and struggling can be essential for problem-solving and learning. Resisting the urge to problem solve for our children regardless of how simple the solution may be, will encourage children to resist quitting at the first instance of discomfort. Not all activities that children engage in need to be out of their comfort zone, however, encouraging children to continue one activity that may be challenging could help them develop resilience.

**Growth Mindset:** Carol Dweck speaks of a growth mindset which is a belief that one’s talent or abilities is not fixed but can be developed by effort rather than fixed at a certain level. This [video](#) speaks of how we can develop a growth mindset.

**Effort vs. Accomplishments:** The goal of a task does not need to be perfection. If you find yourself intervening with your child’s problem solving, be mindful of how this could affect their self-confidence. Regular and informal discussions with the family, where all members can openly talk about struggle, failure, acceptance for having those feelings and also talk about how they intend to overcome difficulties can help foster perseverance. Teaching children that failing is not the end, and brainstorming strategies together can help ease the unpleasant feelings that can be present for them.

**Being a Role Model:** A parent can say much when they want to tell a child how to persevere and not give up, but the best way to communicate this will be to show it. Discussions where parents are honest about their own feelings of failure, struggle, and discomfort can help a child see that these feelings are not final and need not be feared.

If we were to look at how to support a child in developing grit, it is not to ensure that they are always successful or transform into high-achievers, it is with the intention to cultivate healthy levels of self-esteem and long-term happiness.

Warm regards,
The Counseling Team

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K.R. Ashwini (Elementary School) - escounselor@cisb.org.in,
Manisha Ninan (Middle/High school) - ms-hscounselor@cisb.org.in,
Tanusree Durairaj (Boarding) - boardingcounselor@cisb.org.in.
BARNARD, JOHNS HOPKINS, AND UCHICAGO SOUTH ASIA WORKSHOPS FALL 2020

Join admissions officers from Barnard College, Johns Hopkins University, and the University of Chicago for a virtual webinar series! We will be providing an in-depth look at the application process to highly selective US institutions. This session will focus on a different section of the application - Essays.

**Essays: October 15, 2020, 6:30 PM Indian Standard Time/9:00 AM Eastern Time**

During these sessions, we will share tips for applicants and any updates regarding the impact of COVID-19. We will leave plenty of time for Q&A, so that you can get your questions answered. These sessions will not be recorded and will not be available to view at a later time.

While we will be providing brief overviews of our universities, the primary focus of these sessions will be to dive deeply into the different sections of the application. We encourage you to learn more about our respective universities using the websites below and by attending our virtual information sessions and virtual tours before joining us for these webinars. We hope to connect with you soon!

Barnard College
Johns Hopkins University
University of Chicago

**Upcoming Events:**

**Thursday, September 17 at 4 p.m. Pacific Time**
5C Information Session

*This session provides an overview of the Claremont Colleges and an introductory understanding of each individual college. For a more detailed information of each college, please visit their respective websites.*

**Tuesday, September 29 at 12 p.m. Pacific Time**
5C Current Student Panel.

Registration will close 24 hours before the event start time. Event details and webinar access are provided after registration.

**sixcolleges.org**

In the spirit of cooperation, six highly selective liberal arts and sciences colleges in the United States—Amherst, Bowdoin, Carleton, Pomona, Swarthmore, and Williams—are joining forces to offer you an opportunity to connect with international admissions counselors and learn about the upcoming application season. We invite you to register for a session that is most convenient for you.

We are offering information sessions specifically for international students. Four different sessions are available so that students from different parts of the world can attend at a time that works for them.

- **September 23 at 4 p.m.** (Eastern Time / US & Canada) Ideal for students residing in Caribbean, Central and South America
- **October 2 at 9 p.m.** (Eastern Time / US & Canada) Ideal for students residing in Oceania, East Asia, South Asia and Southeast Asia
- **October 14 at 1 p.m.** (Eastern Time / US & Canada) Ideal for students residing in Middle East, Africa and Europe
- **October 21 at 11 a.m.** (Eastern Time / US & Canada) Ideal for students residing in India, Pakistan and Central Asia

The Claremont Colleges -- Claremont McKenna, Harvey Mudd, Pitzer, Pomona, and Scripps Colleges -- are united by a unique spirit of collaboration and connectivity that influences every part of academics, athletics, and student life. The “5Cs” are literally located across the street from one another, so students can attend a small, tightly-focused college even as they enjoy the benefits of a bigger, multi-faceted campus.

Throughout the fall we are hosting virtual programs for prospective students and families to learn more about our shared and singular approaches to liberal arts education. During our programs you’ll discover what makes our consortium special, hear more about our distinctive missions, and learn about the selective college admission process. After the presentations, you’ll have a chance to ask questions to the presenters.
PK LETTER S - SANDWICH MAKING

2A PE CLASS

BUDDY READING PROGRAM

1B LIFE CYCLE WRITING

JKA STUDY ON SENSES - EATING POPCORN

ES STUCO LEADERSHIP MEETING
Students thanking Teachers for their continuous dedication and commitment during these uncertain times and Wishing them A Happy Teacher’s Day!

A TEACHER’S DAY MELODY

Ending the week on a positive note, we would like to share the video of one of our CIS students and his song to all of our teachers. Thank you Raghav for making us all smile!